



# June Menu



	Monday	Tuesday	Wednesday	Thursday
<p><b>Week 1</b></p> <p>Fresh fruit served with each meal daily.</p> <p>Low-fat and Fat-free Milk Offered Daily</p>	<p><b>Breakfast:</b></p>	<p><b>Breakfast:</b> W.G.Pancakes, 1oz syrup &amp; turkey sausage</p> <p><b>Lunch:</b> Arroz con pollo, sweet plantains &amp; stewed black beans with brown rice</p>	<p><b>Breakfast:</b> Eggs &amp; turkey Bacon</p> <p><b>Lunch:</b> Roasted turkey breast, diced sweet potatoes green beans &amp; 2oz W.G roll</p>	<p><b>Breakfast:</b></p> <p><b>Lunch:</b></p>
<p><b>Week 2</b></p> <p>Fresh fruit served with each meal daily.</p> <p>Low-fat and Fat-free Milk Offered Daily</p>	<p><b>Breakfast:</b> W.G French toast sticks, 2 oz syrup &amp; scrambled eggs</p> <p><b>Lunch:</b> Baked vegetable Penne &amp; side salad with chickpeas and tomatoes</p>	<p><b>Breakfast:</b> Cheese eggs, turkey bacon and W.G toast</p> <p><b>Lunch:</b> Chicken fingers, 2oz ketchup, green peas &amp; mac and cheese</p>	<p><b>Breakfast:</b> W.G waffles, 1oz syrup &amp; turkey sausage</p> <p><b>Lunch:</b> Homemade goulash, roasted broccoli &amp; side salad with diced tomatoes</p>	<p><b>Breakfast:</b> Breakfast sandwich on W.G bun</p> <p><b>Lunch:</b> Hot dog of W.G bun, baked beans &amp; sweet potato fries</p>
<p><b>Week 3</b></p> <p>Fresh fruit served with each meal daily.</p> <p>Low-fat and Fat-free Milk Offered Daily</p>	<p><b>Breakfast:</b> W.G pancakes, 1oz syrup &amp; scrambled eggs</p> <p><b>Lunch:</b> Veggie lo mein with W.G noodles, &amp; carrot sticks</p>	<p><b>Breakfast:</b> Breakfast pizza Fresh Fruit</p> <p><b>Lunch:</b> Meatballs with gravy, mashed potatoes, buttered peas &amp; W.G roll</p>	<p><b>Breakfast:</b> W.G waffles, 1oz syrup &amp; turkey bacon</p> <p><b>Lunch:</b> Drumsticks, garlic broccoli &amp; corn salad with red peppers &amp; W.G. roll</p>	<p><b>Breakfast:</b> Assorted. cereal, Nutrigrain Bar</p> <p><b>Lunch:</b> Pizza day! Cucumber and tomato salad With white beans &amp; fresh dill</p>
<p><b>Week 4</b></p> <p>Fresh fruit served with each meal daily.</p> <p>Low-fat and Fat-free Milk Offered Daily</p> <p><b>Menu subject to change</b></p>	<p><b>Breakfast:</b></p> <p><b>Lunch:</b></p>	<p><b>Breakfast:</b></p> <p><b>Lunch:</b></p>	<p><b>Breakfast:</b></p> <p><b>Lunch:</b></p>	<p><b>Breakfast:</b></p> <p><b>Lunch:</b></p>

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